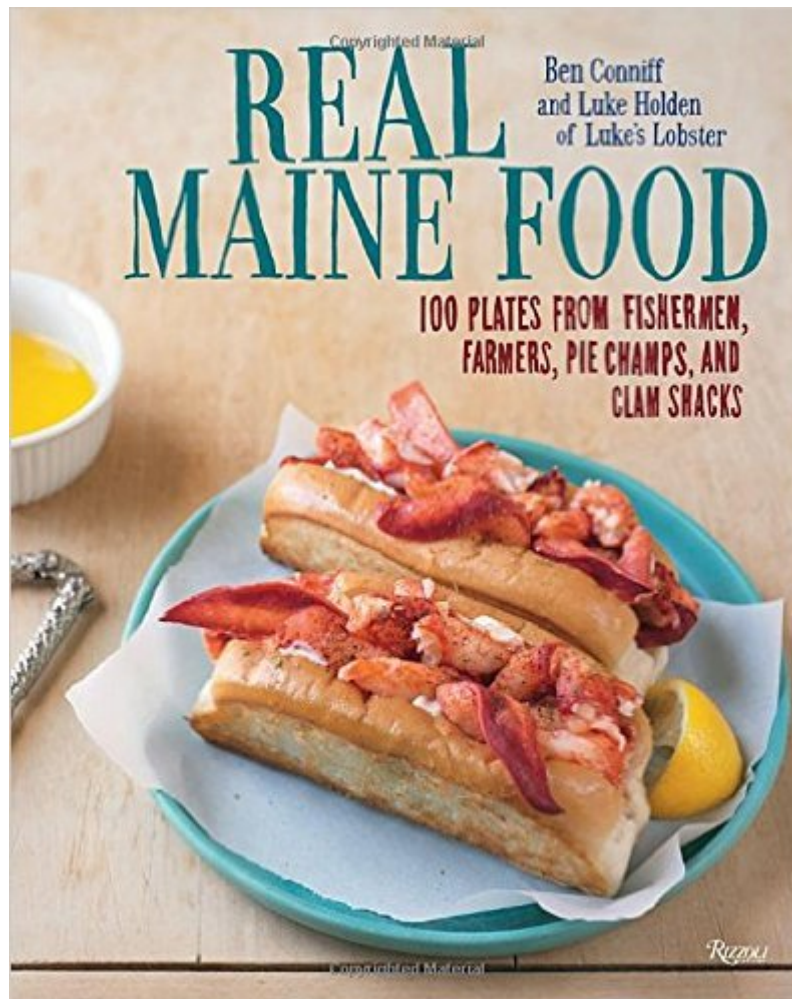


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# Real Maine Food: 100 Plates From Fishermen, Farmers, Pie Champs, And Clam Shacks



## Synopsis

Down-home recipes from the best restaurants, food artisans, bakeries, and farmers across the state. Eating a hot buttered lobster roll is like taking a mini-vacation: it conjures the scent of salt in the air and the crash of waves on the rocksâthe essence of a day at the beach in Maine. Now, with Real Maine Food you can re-create this humble delicacy as well as more than 100 other Maine dishes at home. Maine has developed its own distinctive regional cuisine, characterized foremost by the excellent seafood caught off its pristine coast but also by the wild blueberries, potatoes, and other produce from its rich soils. The authors take a ride on a nineteenth-century schooner, build a beach clambake, and judge a pie-eating contest at a state fairâall in search of the best recipes from accomplished small-town home cooks as well as renowned restaurants and food artisans. Among the dishes are Smoked Haddock and Leek Pie, Lobster Gruyere Grilled Cheese, Crab and Corn Frittata, Blueberry Pancakes, and Peanut Butter Whoopie Pies. Real Maine Food taps into the magic that draws visitors to the state year after year.

## Book Information

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## Customer Reviews

Needed more local seafood favorites recipe's.. It was great in terms of pricey establishments..

Speaking for myself, how does Kens, or the Clambake prepare their clam cakes, or better yet, the batter for fried clams..

great traditional recipes. nice photos.

Thought there would be more recipes :-)

Excellent recipes!!

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